

MESSAGE
FROM THE MOUNT

7th Year Anniversary Edition



CONNECT Winter Assembly

credits

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from the PASTOR'S PEN



Missionary Baptist Convention.

In the month of February, we also extended our ministry to our sister congregation in Brooklyn at The Mount Pisgah Baptist Church. I am thankful to Rev. Ina Anderson, Cathy Patton, Betty Hill, Cast and Crew, and all who contributed to the mighty presentation of "Shaking the Tree." I am grateful that we can minister in such a broad way. I want to also thank Sisters at the Well and Men's Fellowship for another great showing in the Black Social. It is always good in the midst of ministry to enjoy rich fellowship with one another. Finally in February, we held our first FRAngelism Sunday. Let me thank all who invited persons into our fellowship.

As we move into the month of March, we continue our efforts to Edify, Equip and Engage. We will begin our month with the ordination of Deacons-in-Training Nieja Jackson, Julian JeanBapiste, Dwayne Seawright and Henry Smalls into the Deacon Ministry. Each of them have prepared and participated in the servant leadership of this ministry. So come on out on March 11th at 7pm. On that night, we will be blessed with the preached word from our dear brother, Rev. Dr. Douglas A. Slaughter of Second Baptist Church in Aiken, South Carolina. On that Saturday, March 12th, Pastor Slaughter will be our facilitator during leadership institute. EVERYONE is invited to come.

We also invite each and every one of you to join us at the Cathedral of the Holy Spirit for the Interdenominational Ministerial Alliance Holy Week services each night at 7pm, March 21st through March 25th. In particular, on Wednesday, your pastor will bring the word.

We will culminate the month of March celebrating the Resurrection of our Lord and Savior. I would also ask you to invite your friend, relative, acquaintance or neighbor in our celebration of Jesus, our resurrected Lord.

God bless,

Pastor Anthony L. Bennett, D. Min.
Lead Pastor

EDITOR'S DESK



Namaste Brothers and Sisters,

I pray that this issue of Message from the Mount has met you in the best of health and spirits.

In this issue of Message from the Mount we are covering the Journey from Lent to Pentecost with an article from Min. Porsha Williams on our Ash Wednesday service. Check out our Social Justice Hour to see all that CONECT has been doing including the Winter Assembly at Congregation B'nai Israel. We need to give ourselves a hand, over 100 cases of water were donated to support Flint Michigan in their water crisis. DIT Henry C. Smalls, Jr. explains the journey of the water from Mount Aery to Flint as told by Deacon CJ Adetona and Brother Leon Dougherty.

I pray you enjoy this issue of Message from the Mount.

God bless,

Tonya N. Johnson
Editor-In-Chief

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IMPORTANT DATES



During this season of prayer, call in to the prayer line at 7:00a daily at 712-432-0490. The participant access code is 111933#. The calls are recorded so please mute your phone to eliminate background noise. Please note that long distance charges may apply.

Generation Next Youth Ministry is calling all youth ages 4-18. Youth Church for the 2016 year will be held at 7:45 and 11:00 am services on 2nd and 3rd Sunday of each month! Please see Minister Michael Jones or any youth leader for more information!

On March 11th at 7pm, we will celebrate the ordination of the following Deacons in training: Nieja Jackson, Julian JeanBaptiste, Dwayne Seawright, and Henry Smalls. Dr. Douglas Slaughter from Aiken, South Carolina will be our preacher.

The next Leadership Institute on March 12th at 10am. Dr. Douglas Slaughter will be our guest here as well.

If you are interested in being a Safe Place Training Facilitator, please sign up in the church office. The training will be on Monday, March 14th at 6:30pm. Please see Min. Odell Cooper for information and if you have any questions.

The next **New Disciples Class** is Saturday, March 19th at 9am. For more information, call the church or see Sis. Fran Spinks or Sis. Kathy Adams. All contact info is in the Narthex.

Our next **Child Dedication** is Sunday, May 8th at the 11am worship as we celebrate Mother's Day. Forms are available in the Narthex.

Announcements

- **Here's a new and exciting way** to join in worship with us. Follow us on Ustream.tv. Simply visit this link <http://www.ustream.tv/channel/mount-aery-baptist-church> Please be sure to pass the link to your friends and family as well so they can be blessed by our ministry.
- **The Mount Aery Clothing Ministry** is located at 72 George Street (in the basement), adjacent to the Optimus Health Care Center. Clothing can be dropped off on Thursdays, 9am-12:30pm. We accept clothes that are clean and in good condition. On Friday mornings at 10:00am, the Clothing Ministry is open to the public.
- **Lost and Found** – Several pairs of glasses, sunglasses, bibles and other lost items are in the church office. If you have lost anything, please check the church office. Items may be given away if left any longer. Thank you.
- **Chosen Generation** is inviting everyone from the ages of 13-27 to join this youth and young adult choir. Please see Brother D'Andre Haynes, Sister Jazmin JeanBaptiste or Min. Nakia Marsh with your interest.
- **Deacons on Call** are Deacons Jones and Lee.
- **Submissions of announcements and due dates:**
 - o **Message From The Mount**
 - Send information to mftm@mtaerybaptist.org by the second Wednesday after the first Sunday
 - o **Monitors in the Sanctuary**
 - Send information to media@mtaerybaptist.org by Wednesday before the Sunday you want the announcement
 - Please make sure that your announcement is in PowerPoint format.If announcements are not received by the due dates they may be omitted or placed in the next edition.
- **No Pork on Church Property**
 - o For health, healing and sensitivity for those with health conditions, no pork is to be brought on church premises (i.e. ministry affairs and/or catering).
- **NO Food or Beverage in the Sanctuary**
 - o Please, please, please, do not bring food or beverages into the sanctuary. Parents, please feed infants and toddlers in the Wilson Hall or the Bass Hall. It is everyone's responsibility to be good stewards of the building that God has blessed us with. If you see anyone not being responsible, please get an Usher or a Deacon to handle the situation. Thank you.
- **Parents**, while you are in worship, your children should be in worship next to you, unless Youth Church is in session. Teenagers have been wandering around the church and the younger children have been playing in the Quiet Room. The Quiet Room is for parents with infants only.
Please keep your children with you at all times.

bulletin

Our Vision Statement

To equip the disciples of Mount Aery Baptist Church with the biblical and relational wisdom for the spiritual, educational and social work of ministry beginning in the Hollow Section of Bridgeport, then spreading throughout the Greater Bridgeport Area. - *Ephesians 4:11-12 and Acts 2:44-4-7*

Edify ~ Equip ~ Engage

Hospitalization & Nursing Home

Please be aware that there are strict legal and ethical guidelines regarding giving out patient information. Therefore, if you are hospitalized and desire pastoral support, you or your family member must notify the church office in advance, if possible. When you are admitted, state your denomination and place of worship.

Please address all correspondences for the above disciples to the church and the administrative office will forward all mail. Thank you for your cooperation.

Clyde McLaughlin

The Carolton Chronic & Convalescent Hospital, 400 Mill Plain Rd, Fairfield, CT 06824

Myrtle Coslow, Lenora Simpson

Lord Chamberlain Nursing & Rehabilitation Ctr, 7003 Main Street, Stratford, CT 06614

Mary Ryan

Northbridge Health Care Center, 2875 Main Street, Bridgeport, CT 06606

Deaconess Okaku Brown

St. Joseph's Manor, 6448 Main Street, Trumbull, CT 06611

Sandra Stephenson

Westport Health Rehabilitation Care Center, 1 Burr Road, Westport, CT 06880

Roger Mullins, Sr.

Willows Rehabilitation and Nursing Center, 225 Amity Road, Woodbridge, CT 06525

Thank You

The family of Louise Johnson would like to extend a heartfelt thank you to Pastor Bennett and our entire Mt. Aery church family for all your thoughts, prayers, and kind gestures you shared during this difficult time. May God continue to bless you for being a blessing to us.

~Sister Barbara Smalls & Family

Please Pray for Our Healing List

Shirley Borum
Isaiah Brown
George Cauthen
Lucille Cauthen
Joan H. Colley
Elaine Craig
Deaconess Louise Cunningham
Ruth Hasty-Dove
James Freeman
Ruth Harvin
Deacon Jeffrey Hill
Clarice Holloway
Margaret Holloway
Deacon Primus Jackson
Unice Jones
Maria Knight
Regina Manns
Carol McGhee
Mary McRae
Autumn Mitton
Caleb Mitton
Spring Mitton
Edward A. Morris
Eulalia Pettway
Terrance Quiller
Arthur Ragsdale
Waverly Ragsdale
Frances Riley
Esther Ryan
Rose Samuel
Sandra Simpson
Juanita Sims
Herb Sutton
Barbara Wilson
Jacqueline Tyson-Wright

Welcome Song

Welcome to Mount Aery
We're so glad you came
You're welcome to Mount Aery
Where everybody comes to give
God praise
Welcome to Mount Aery
Where the spirit
Of the Lord
Is moving free
Right here, at seven three (73)
Frank Street

5 Beginner Friendly CrossFit Workout of the Day

Posted on September 30, 2015 by Dr. Priyanka Patel

Namaste family! This month we are exploring 5 beginner friendly crossfit workouts. As always, be careful and know your limits. Enjoy!



We cannot talk about fitness trend without Cross Fit entering the conversation. The most important thing about Cross Fit is that, anyone can join it. A man who work in office or player and common herd of people. From body weight, first your workout does not have to scary but should challenge and change you. And the workout will do just that without pulling you on your back. But before we get into some of these heart pumping beginner workouts. Now we get familiar with Cross Fit.

WOD. Work out of the day. Follow your coach and apply again and again 20 minutes. It makes you easier to remember.

AMRAP. As many Reps/ Round as possible. In regard to number of reps or round in a timed workout. You must compete as you want many times.

For Time. Your goal is to finished workout as fast as you can. Score. The total member of Reps/Rounds complete in a workout. Rx'd. This is written after your score, if you did each exercise of the workout.

Cross Fit game. The super bowl of cross fit where the most elite in the sport come to complete in summer and be crowed the world fittest man and woman Cross fit open. The Cross fit register online, that complete in a form of Cross fit game alone. While the true cross fit experience will take place at your local box with a team of athletes sweating right alongside you, it is possible to set in n the action just about anywhere in your own.

Cross Fit WOD # 1: Half Cindy.



The full Cindy is about 20 minutes but, you feel glad when start with 10. Because workout Cindy you will find yourself completely unable to rise from the ground to do push-ups after one round, for this half the time. When you feel tired. You will not well and will want modification but you keep count of your rounds and record then and will have good progress gain.

Cross Fit WOD #2: Cross Fit Total.



Take lift but not start with heavy. It makes you strong. It is about learning how the weight affects your body and how much weight you can move safely.

Cross Fit WOD #3: Helen.



Don't go as fast as you can on the first run because you will exhaust. If you are unable to swing the weight overhead for pull-ups wraps a resistance hand around the bar for assistance.

Cross Fit WOD #4: Wall Ball, Burpees.



Wall Ball, Burpees is a good combination in the workout way possible. If you do it once, it feels like the ball would be all leg, and burpees an'' arm, but both actually work all shoulder muscles too far a total body effect.

Cross Fit WOD #5: Sit-ups Lunges.



It is a half time workout , is demanding you to push as hard as you can for three minutes , followed by two minutes of rest while this does help to build up cardio , we use it more for training and endurance, so you can push back to fatigue in each half time. You should come close to matching your number, scale it up by adding weight to the lunges.

Resources:

<http://www.webhealthjournal.com/beginner-friendly-crossfit-workout-of-the-day/>

fitness

recipes

Organic Turkey Bean Chili

by Tonya Johnson

Namaste again. This month we are checking out Organic Turkey Bean Chili. After Enjoy!



INGREDIENTS

- 1 lb. organic free-range turkey meat
- 1 can organic kidney beans (rinsed and strained)
- 1 large sweet onion chopped
- 5-6 cloves of garlic minced (use a garlic press)
- ½ bag of frozen roasted pepper and onion mix (Trader Joe's)
- 1-2 tsp of cayenne pepper powder (less for mild chili)
- 1 tsp of Himalayan sea salt
- 1 tsp of ground pepper
- 1 jar of organic tomato sauce
- 1 cup of organic beef or chicken broth
- 1-2 tbsp Tabasco sauce (Less for mild chili)
- 2-3 tbsp of organic ketchup or tomato paste
- 1 can of chopped organic tomatoes
- 2-3 tbsp of organic avocado oil

INSTRUCTIONS

1. Add 2-3 tbsp of organic avocado oil to a large pan and heat on medium
2. Add organic turkey meat to pan and cook until browned 6-9 minutes approx.
3. Strain turkey meat to remove excess grease & set aside in a large cooking pot
4. In same pan cook up the large onion, garlic & frozen vege. mix
5. As this is cooking turn on burner of large pot to medium-low & add beef broth
6. To the turkey & broth add the tomato sauce, ketchup, & chopped tomatoes
7. Add the cooked onions, garlic, green pepper & vege mix to the pot & stir
8. Wash & rinse the can of beans in a strainer and add to the pot
9. The contents of the pot should be simmering at this point. You should see a few bubbles but not too many.
Be careful not to burn your chili. Give it a stir every couple of minutes with a wooden spoon.
10. Add the sea salt, pepper, cayenne powder, & Tabasco sauce to taste
11. Cover the pot & let simmer for 30 minutes, giving it a stir every 5-minutes.

Resources: <http://www.favesouthernrecipes.com/Chili-Recipes/Dads-Best-Turkey-Chili>

general news

Ash Wednesday Service

The Journey from Lent to Pentecost

by Min. Porsha Williams

On February 10, 2016, we kicked off our Lenten season with our Ash Wednesday service. Lent is a season where we are to fast and pray to grow closer to God as Jesus did for forty days in the wilderness. As a congregation we are in a series, "The Journey from Lent to Pentecost" and this is the first of the series. We had an evening of great singing and praising. Pastor Calbert Brantley was our guest preacher for the evening. He blessed us with a mighty word. After the word, we shared in The Lord's sacrifice. Each congregant present received communion and if they so wished, they were anointed by the ministers. The oil is to signify the covering of God over our lives during this season. Temptations and trials may come, but we are covered!



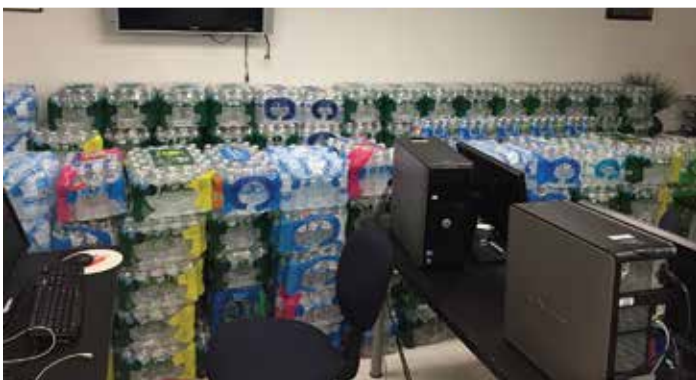
general news

Mount Aery Supports Flint Michigan

by DIT Henry C. Smalls, Jr.

Early on a brisk February morning, our Lead Sexton, Leon Doughty, along with DIT Dwayne Seawright, Sexton, Errol Mahon, and myself, loaded onto a Home Depot cargo van, over 100 cases of water donated by members of Mt. Aery Baptist Church. This was a collaborative effort with the Connecticut State Missionary Baptist Convention in support of the families of Flint, Michigan who were affected and infected by a tainted water supply. Bro Leon, along with Deacon CJ Adetona, traveled to Waterbury, CT to drop off the water that Mt. Aery Baptist Church had collected. Bro Leon and Deacon CJ shared that there was an extensive line of cars, church buses, church vans, and U-Haul trucks, filled with water from churches across Connecticut. Once the water was dropped off in Waterbury, CT, tractor trailer trucks were used to deliver the water to Flint, MI. The first tractor trailer truck was filled to capacity, but some churches still had halls the size of our Bass Hall, filled with additional cases of water. A second tractor trailer truck was scheduled to arrive at 7pm that night to pick-up the remainder. Thank you to everyone who supported this effort, and I know the people of Flint appreciate your generosity.

Be Well!



CONNECT: Faith group puts justice system 'on trial' ahead of Cuyahoga County prosecutor election: Five Takeaways

By Jane Morice, cleveland.com on February 17, 2016 at 1:28 AM, updated February 17, 2016 at 2:26 PM



Cuyahoga County prosecutor candidates Timothy J. McGinty and Michael O'Malley sat side-by-side Tuesday night at the Greater Cleveland Congregations event, "Our Anger to Action: the Justice System on Trial" where congregants aired their grievances with the criminal justice system. (Cory Shaffer, cleveland.com)

BEACHWOOD, Ohio – Faith leaders put the justice system "on trial" Tuesday as they outlined their demands for reform to Cuyahoga County prosecutor candidates Timothy J. McGinty and Michael O'Malley.

As part of the process, the event organized by Greater Cleveland Congregations (GCC) offered arguments and witnesses pointing to disparities in the current system.

More than 1,000 people gathered at Anshe Chesed Fairmount Temple in Beachwood for the 90-minute event.

Here are five takeaways from the gathering:

The "on trial" format

During the event loosely formatted as a trial, "evidence" of a broken system was presented by Rabbi Robert Nosanchuk from Anshe Chesed Fairmount Temple and the Rev. Jawanza Colvin of Olivet Institutional Baptist Church in Cleveland.

"Tonight I confess: I can barely see peace and justice," Nosanchuk said. "I wish my eyes could focus on them, but they cannot. All I see before me is a cloud of hostility. There is an oppressive, gaping mistrust in Cuyahoga County, hanging between the citizens and the leaders who we pledge to govern our criminal justice system."

Colvin cited what he said are examples of inequality, including the way the cases of Tanisha Anderson and Tamir Rice were

handled by the prosecutor's office and Cleveland police.

"We found, that since 2005, the city of Cleveland in more than 60 lawsuits has paid out close to \$8 million for accusations ranging from citizens accusing officers of needlessly shooting at them; beating them during routine traffic stops; shocking them with tasers while face-down on the ground in handcuffs; or arresting them when they committed no crime," Colvin said, referring to research into the topic.

He also said that Cuyahoga County -- "a proverbial 'felony factory'" -- has sent more people to state correctional facilities on felony charges than Franklin (Columbus) and Hamilton (Cincinnati) counties combined.

The event's format was intentional so that faith leaders and their congregants could air grievances without interruption or feedback.

Emphasis on accountability

GCC leaders were adamant that candidates need to be accountable, particularly regarding the group's three demands.

Those demands were outlined by GCC member Pastor Richard Gibson of the Elizabeth Baptist Church in Cleveland.

GCC wants the elected prosecutor to establish an independent prosecutor in police shooting cases; diminish overcharging misdemeanors as felonies and expand diversion for treatment in drug-related, low-level offenses.

Gibson said that on March 1 each candidate will submit his written plan to achieve those demands.

What the candidates said

During the roughly two minutes O'Malley and McGinty were each given to speak, the men addressed their commitment to the GCC demands.

Both agreed to the demands and said that their written plans would be complete by March 1. O'Malley briefly mentioned his platform, saying that the first GCC demand directly aligns with his plans for police use-of-force cases.

McGinty listed some statistics of accomplishments his office has made during his time there, including a lower percentage of drug cases being pursued as felonies.

You can watch both candidates' responses to the demands in the video below.

O'Malley & McGinty at GCC meeting
Cuyahoga County prosecutor candidates Michael O'Malley and Timothy J. McGinty reacted Tuesday night to the demands made by the Greater Cleveland Congregations (GCC) at their call to action.

The importance of diversity

GCC leaders and their congregants come from many walks of life, which was evident at Tuesday's meeting.

The concerns brought to candidates Tuesday not only involved race or economic status but issues that affect the whole Greater Cleveland community. Among the examples: Substance abuse issues that can lead people from vastly different backgrounds on varying paths through the court system.

The group remains nonpartisan

Worth noting is that even with the energy and emotion of the topics raised at the event, GCC is an apolitical group.

It has refused to endorse any candidate for upcoming election.

The group did not allow either candidate to pass out campaign materials in the gathering space, nor did they allow candidates to speak about their platforms during their allotted time.

McGinty and O'Malley are both running as Democrats in the prosecutor's race. No Republican or independent candidates have declared their intent to run for the office, so the primary election on March 15 is expected to determine who serves as county prosecutor.

social justice hour

650 Press for Accountability & Action at CONECT Winter Assembly!

On Jan 28th, more than 115 disciples of Mount Aery Baptist Church joined 550 other CONECT leaders gathered in Bridgeport, at Congregation B'nai Israel on Park Ave., for CONECT's Winter Assembly. With the sanctuary packed, CONECT welcomed Governor Malloy and Mayor Ganim to press for action on gun violence and accountability on police reform and school funding.

Our own Pastor, Rev. Anthony L. Bennett, engaged Gov. Malloy around CONECT's gun violence strategy, known as the Do Not Stand Idly By campaign, named for the commandment in Leviticus 19:16 "do not stand idly by while the blood of your neighbor is shed." The campaign seeks to pressure gun manufacturers directly, asking them to 1) tighten their distribution systems to prevent the illegal sale of guns that wind up on our streets and to 2) invest in developing new smart / safe gun technology. The campaign has organized 83 municipalities, states, counties, and other jurisdictions to use their buying power with gun manufacturers to press for these two steps. 40% of gun purchases are made with tax dollars for law enforcement and military use.

CONECT has played an important role in shaping this campaign and moving it forward over the last two years with our sister organizations in the Metro IAF network, and Pastor Bennett has been at the center of the national leadership of this effort, traveling to Germany, Washington, DC, Chicago, and Baltimore to over the last two years.

Earlier in January, President Obama responded to the Do Not Stand Idly By campaign by including our strategy to use purchasing power to push gun manufacturers to develop smart

gun technology in his Executive Actions on gun violence. Specifically, he directed the Departments of Defense, Homeland Security, and Justice to conduct or promote research into safe / smart gun technology and to regularly review the possible procurement of this technology for use by federal agencies or personnel.

So, at CONECT's Winter Assembly, the crowd of over 650 people celebrated this major milestone and pressed for more action. Senator Murphy sent a brief video greeting congratulating CONECT on this milestone and committing to pressing with us for more action. Pastor Bennett thanked Gov. Malloy for his early support of Do Not Stand Idly By and asked him to work with us to get other governors on board. Malloy said he already had spoken to other governors and would continue to do so.

Additionally, CONECT engaged newly elected Mayor Ganim around both school funding and police hiring and training issues, following up on nearly a dozen commitments that he made as a candidate to CONECT back in September at CONECT's Mayoral Accountability Assembly held here at Mount Aery in Bass Hall. Mayor Ganim committed to hiring 100 new Bridgeport police officers in the coming year and continuing to work with CONECT on ensuring officer training includes high-quality de-escalation training and racial / cultural sensitivity training and on making sure Bridgeport adequately funds its own schools.

CONECT looks forward to a productive spring working on these issues and more and continuing to build the leadership base of the organization with local leadership / organizing training in April / May and a 5-Day Regional Training for experienced leaders in early May.





social justice hour

Taking Up Arms

Written and photographed by Daniel Shkolnik



Matt McDermott (CONNECT), Timothy Jones (Community Baptist Church, New Haven) and Anne Watkins (Congregation B'nai Israel, Bridgeport).

Three years after Sandy Hook, with many hundreds of multiple-victim shootings since, congressional gridlock on gun control seems as intractable as ever. But a different “con-”—CONNECT, or Congregations Organized for a New Connecticut—sees another route to change, one that needn’t run through Capitol Hill

Founded in 2011 and based in New Haven, CONNECT is a racially diverse, multi-faith network of 25 congregations stretching from East Haven to Norwalk. CONNECT itself is part of a much larger network of faith- and community-based organizations called the Metro Industrial Areas Foundation, or Metro IAF, which is part of a still-larger organization, the Industrial Areas Foundation. From top to bottom, or maybe bottom to top, the idea is to achieve positive social change by organizing and mobilizing communities.

At the time of its founding, CONNECT’s platform didn’t include gun control. Among its various fronts of activism were efforts aimed at moderating hikes in healthcare insurance premiums and advocating for driver’s licenses for undocumented immigrants, among other concerns voiced by the congregations that make up CONNECT. Then, the Newtown school shooting happened, prompting some of CONNECT’s members to propose that the group address the underlying issue.

All agreed that the shooting was a reprehensible tragedy, but not everyone agreed on the appropriate way to respond. Some wanted

to begin working on gun control issues immediately. Others weren’t so enthused with the sudden zeal.

CONNECT’s lead organizer Matt McDermott remembers one black faith leader’s remark: ““When you talk about Sandy Hook in my congregation, what people hear is race.”” What she meant, as McDermott explains it, was that “kids have been getting killed in New Haven and Bridgeport and cities around the country for years and years and years, and that’s not made headlines for the most part, that’s not outraged us for the most part, that’s not forced us to start a new campaign.” There was a sense of incongruity that because the victims were primarily white and suburban, suddenly faith leaders should “drop everything,” turn from their other campaigns and immediately address gun control.

McDermott was worried these differing stances would devolve into a heated, contentious division within the organization. But although it took CONNECT the better part of a year and many “hard conversations” to take up the issue, McDermott says that time helped build stronger solidarity between the coalition’s diverse member congregations, leading to a consensus that whatever plan of action they developed should not only address mass shootings but also the regular drumbeat of gun violence in cities.

With this in mind, CONNECT helped form Metro IAF’s gun control campaign. Dubbed “Do Not Stand Idly By”—a phrase pulled from a verse in Leviticus, the rest of which reads, “while your neighbor’s blood is shed”—and launched in early 2014, the first component of the campaign focuses on addressing “bad apple” gun stores. According to the federal Bureau of Alcohol, Tobacco, Firearms and Explosives (ATF), approximately 57% of the firearms involved in crimes trace back to 1% of the nation’s gun stores. The campaign wants manufacturers to act as responsible gatekeepers and police their own distribution networks in order to stop supplying the bad apples.

The campaign’s second component pushes manufacturers to produce “smart guns,” incorporating modern technology to increase weapon safety. Fingerprint sensors, for instance, are now a common security feature on many smartphones. But while a fingerprint sensor on a phone may be good for keeping snooping eyes from your texts or photos, such a sensor on a household gun

Taking Up Arms continues

could be the thing that keeps a teen from completing a suicide attempt, a police officer from being killed with their own weapon or a child from accidentally shooting a brother, sister or friend.

As of this writing, the campaign has the endorsements of 82 different jurisdictions at the town, city, county and state levels. Recently, the campaign reached a much higher jurisdiction: Barack Obama's. In December, CONECT and Metro IAF leaders met with officials from the Justice Department and the ATF. Obama incorporated the smart-gun component of "Do Not Stand Idly By" as part of his executive action on gun control and directed the department of Defense, Homeland Security and Justice to conduct or sponsor research into gun safety technology, and to assess the possibility of procuring such weapons for federal law enforcement. Since the federal government is the gun industry's single-largest customer, it could be a game-changer.

Of course, legislative change would make for a broader fix. While recent polls strongly suggest the American public favors at least some tightening of America's gun laws, the public's will is rarely enacted without pressure powerful enough to overcome entrenched and narrow special interests of groups like the National Rifle Association.

One of the keys to building that pressure, McDermott says, and something he says he finds himself doing a fair bit, is to de-stigmatize the notion of power in the minds of community activists and leaders. "There's a lot of connotation in our culture about power being a dirty thing, a bad thing, a corrupting thing." But "power can be used for good or bad," he says. "You want to change the world? Make things happen? Improve things? For that, you need power."

2016 Leadership Sunday



MLK 2016 - Black Pride



general news

Mount Aery Baptist Church Security Corner

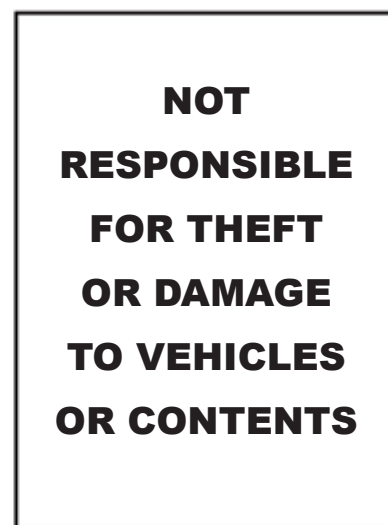
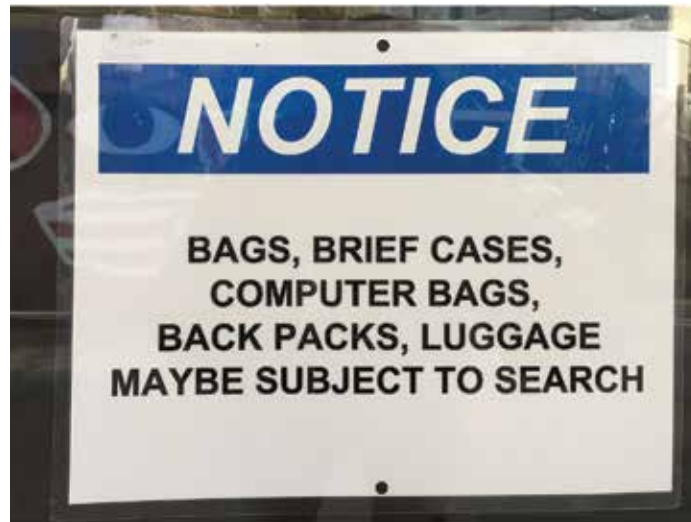
by DIT Henry C. Smalls, Jr.

Namaste Brothers and Sisters!

The major goal of the MABC Security Team is to provide a safe environment for you and your family here at The Mount. This starts with keeping you informed, but remember, security is everyone's responsibility. This installment will cover security signs at the Mount.

The MABC Security Team has placed signs on the front doors leading to the Narthex. The notice states, "BAGS, BRIEF CASES, COMPUTER BAGS, BACK PACKS, LUGGAGE, MAY BE SUBJECT TO SEARCH".

Also, when driving and walking into the parking lots on our campus, you will see the following signs below:



Be Safe and Be Well!

DIT Henry C. Smalls, Jr

security corner

black history moment

Daisy Bates

by Tonya N. Johnson

Namaste again, this month we are honoring Daisy Bates a civil rights activist and newspaper publisher.. Enjoy!



Daisy Bates

Daisy Bates was an African American civil rights activist and newspaper publisher who documented the battle to end segregation in Arkansas.

SYNOPSIS

Daisy Bates was born on November 11, 1914, in Huttig, Arkansas. She married journalist Christopher Bates and they operated a weekly African-American newspaper, the Arkansas State Press. Bates became president of the Arkansas chapter of

the NAACP and played a crucial role in the fight against segregation, which she documented in her book *The Long Shadow of Little Rock*. She died in 1999.

NAACP PRESIDENCY

Civil rights activist, writer, publisher. Born Daisy Lee Gatson on November 11, 1914, in Huttig, Arkansas. Bates's childhood was marked by tragedy. Her mother was sexually assaulted and murdered by three white men and her father left her. She was raised by friends of the family.

As a teenager, Bates met Lucious Christopher "L.C." Bates, an insurance agent and an experienced journalist. The couple married in the early 1940s and moved to Little Rock, Arkansas. Together they operated the Arkansas State Press, a weekly African-American newspaper. The paper championed civil rights, and Bates joined in the civil rights movement. She became the president of Arkansas chapter of the National Association for Advancement of Colored People (NAACP) in 1952.

As the head of the NAACP's Arkansas branch, Bates played a crucial role in the fight against segregation. In 1954, the United States Supreme Court declared that school segregation was unconstitutional in the landmark case known as *Brown v. Board*

of Education. Even after that ruling, African American students who tried to enroll in white schools were turned away in Arkansas. Bates and her husband chronicled this battle in their newspaper.

LITTLE ROCK NINE

In 1957, she helped nine African American students to become the first to attend the all-white Central High School in Little Rock, who became known as the Little Rock Nine. The group first tried to go to the school on September 4. A group of angry whites jeered at them as they arrived. The governor, Orval Faubus, opposed school integration and sent members of the Arkansas National Guard to prevent the students from entering the school. Despite the enormous amount of animosity they faced from white residents of the city, the students were undeterred from their mission to attend the school.

Bates' home became the headquarters for the battle to integrate Central High School and she served as a personal advocate and supporter to the students. President Dwight D. Eisenhower became involved in the conflict and ordered federal troops to go to Little Rock to uphold the law and protect the Little Rock Nine. With U.S. soldiers providing security, the Little Rock Nine left from Bates' home for their first day of school on September 25, 1957. Bates remained close with the Little Rock Nine, offering her continuing support as they faced harassment and intimidation from people against desegregation.

LATER ACTIVISM

Bates also received numerous threats, but this would not stop her from her work. The newspaper she and her husband worked on was closed in 1959 because of low advertising revenue. Three years later, her account of the school integration battle was published as *The Long Shadow of Little Rock*. For a few years, she moved to Washington, D.C., to work for the Democratic National Committee and on antipoverty projects for the Lyndon B. Johnson's administration.

Bates returned to Little Rock in the mid-1960s and spent much of her time on community programs. After the death of her husband in 1980, she also resuscitated their newspaper for several years, from 1984 to 1988. Bates died on November 4, 1999, Little Rock, Arkansas.

For her career in social activism, Bates received numerous awards, including an honorary degree from the University of Arkansas. She is best remembered as a guiding force behind one of the biggest battles for school integration in the nation's history.

Resources:

<http://www.biography.com/people/daisy-bates-206524>

March 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 7:00 PM Music Ministry reh.	2 12:00 PM Daytime Bible Study 7:00 PM Bible Study	3 6:30 PM Deacon Min. Mtg. 6:30 PM REFUGE 7:00 PM Music Ministry Rehearsal	4 7:00 PM Black Social Snow Date	5 8:30 AM Men's Fellowship Ministry Mtg. 9:00 AM CARE Ministry 10:00 AM Ministers' Meeting Rehearsal 10:00 AM Music Ministry 12:00 PM PowerSource 2:00 PM Divine Creation Dance Ministry reh.
6 7:45 AM Worship Celebration 9:45 AM Mount Aery Cafe 10:00 AM Sunday School 11:00 AM Worship Celebration	7 6:00 PM Divine Creation Dance Ministry reh.	8 6:30 PM Trustee Ministry Meeting 7:00 PM Music Ministry reh.	9 12:00 PM Daytime Bible Study 7:00 PM Bible Study	10 6:00 PM Divine Creation Dance Ministry reh 6:30 PM REFUGE 7:00 PM Music Ministry Rehearsal 7:00 PM Ushers	11 7:00 PM Deacon Ordination Ceremony	12 8:30 AM Men's Fellowship Ministry Mtg. 10:00 AM Leadership Institute 12:30 PM Sisters at the Well 6:00 PM Ushers
13 7:45 AM Worship Celebration 7:45 AM Youth Church 10:00 AM Sunday School 11:00 AM Worship Celebration 11:00 AM Youth Church 1:30 PM Music Ministry Rehearsal 3:30 PM Ushers Travel w/Pastor Bennett to Hartford	14 6:00 PM Fellowship Ministry mtg. 6:30 PM Safe Place Facilitators Training 6:30 PM Strategic Planning Meeting 7:00 PM Re-Entry Ministry	15 7:00 PM Music Ministry reh.	16 12:00 PM Daytime Bible Study 7:00 PM Bible Study	17 6:00 PM Divine Creation Dance Ministry reh 6:30 PM REFUGE 7:00 PM Music Ministry Rehearsal	18	19 8:30 AM Men's Fellowship Ministry Mtg. 9:00 AM CARE Ministry 9:00 AM New Disciples Ministry Class 2:00 PM Divine Creation Dance Ministry reh.
20 7:45 AM Palm Sunday Celebration 7:45 AM Youth Church 10:00 AM Sunday School 11:00 AM Palm Sunday Celebration 11:00 AM Youth Church 1:30 PM Music Ministry Rehearsal	21 6:00 PM Divine Creation Dance Ministry reh.	22 7:00 PM Music Ministry reh.	23 12:00 PM Daytime Bible Study 7:00 PM Bible Study	24 6:00 PM Divine Creation Dance Ministry reh 6:30 PM REFUGE 7:00 PM Music Ministry Rehearsal	25	26 8:30 AM Men's Fellowship Ministry Mtg. 11:00 AM Junior Ushers 2:00 PM Divine Creation Dance Ministry reh.
27 7:45 AM Resurrection Celebration 11:00 AM Resurrection Celebration 1:30 PM Music Ministry Rehearsal	28 7:00 PM Re-Entry Ministry	29 7:00 PM Music Ministry reh.	30 12:00 PM Daytime Bible Study 7:00 PM Bible Study	31 6:30 PM Deacon Min. Mtg. 6:30 PM REFUGE 7:00 PM Music Ministry Rehearsal		

Please be advised that all dates are subject to change.

MARCH 2016 - THE JOURNEY FROM LENT TO PENTECOST

Organized Prayer Time

Prayer time is 7:00am to 7:10am beginning 3/1/2016 through 3/31/2016. Conference Dial-in Number: 712-432-0490, Participant Access Code: 111933#. See Rev. Alicia Tyson-Sherwood for more information. **To playback prayer: 712-432-0508, access code is 111933#.** **This is not a toll free call, Long Distances Charges May Apply.** Note: Do not announce yourself if you call after 6:58am. Please mute your phone so that prayer will not be disturbed. **Ephesians 4:11-13 NIV Reference number for March 1, 2016 is 1493#**

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Mark 11:25 Min. Walton	2 Ephesians 4:32 Sis. Langley	3 2 Psalm 32:1 Deacon Hurst	4 Matthew 6:12 Min. Cooper	5 1 John 1:7-9 Bro. Hill
		UNDERSTANDING THE STORY OF SELF AS FRANGELISM				
6 Mark 8:34-38 Deacon Paul	7 John 8:31-32 Bro. Newton	8 John 15:5-8 Min. Walton	9 John 13:34-35 Sis. Langley	10 Matthew 28:18-20 Deacon Hurst	11 John 3:16 Min. Cooper	12 2 Peter 3:18 Bro. Hill
		I'M SAVED, NOW WHAT: WHAT IS DISCIPLESHIP?				
13 1 John 2:19 Deacon Paul	14 John 17:15-21 Bro. Newton	15 Jude 3:3 Min. Walton	16 1 Corin. 11:19 Sis. Langley	17 Acts 20:30 Deacon Hurst	18 1 Peter 1:2-5 Min. Cooper	19 Hebrews 10:39 Bro. Hill
		FOR CHURCH DISCIPLES WHO CONSIDER LEAVING WHEN THE CHURCH IS NOT ENOUGH: RESPONDING TO CHURCH HURT				
20 Matthew 20:26 Deacon Paul	21 Mark 10:45 Bro. Newton	22 1 Peter 5:3 Min. Walton	23 2 Corinthians 1:24 Sis. T. Langley	24 1 Peter 4:11 Deacon Hurst	25 2 Corin. 10:4-10 Min. Cooper	26 Luke 14:7-11 Bro. Hill
		LEADERSHIP BUILDING				
27 Mark 9:35 Deacon Paul	28 Matthew 23:8-12 Bro. Newton	29 John 18:36 Min. Walton	30 Luke 18:14 Sis. Langley	31 Matthew 25:44 Deacon Hurst		
		LEADERSHIP AND THE CROSS				

MARCH 2016 BIRTHDAYS

March 1st

Azpiri, Naiara
Bryant, Jeffrey
Fedick, Lisa
Guerrier, Fabienne
Lee, Alice
Miller, Judith
Murray, Christopher
Parks, William
Prawl, Chante
Seawright, Lillian
Thigpen, Barbara

March 2nd

Edmonds-Myles, Sadiga
English, Malcolm
Gibson, Trevin
Pulley, Karen

March 3rd

Deslandes, Dorothy
Frances, Gregory
Jackson, Laverne
Jordan, Manion
Kendricks, Kimberly
Kendricks, Rhonda
Mullins, Roger
Myles, David
Smalls, Barbara
Szucs, Barbara
Wilson, Clarice

March 4th

Brown-Rogers, Renata
Daniels, Terrell
Fisher, Doris
Hampton, Abraham
Martin, Janna
Morrow, Mary
Nimmons, Jean
Phillips, Nadine
Studivant, Robert
White, Christina
Williams, Monique
Wright, Joseph

March 5th

Anderson, Catherine
Anderson, Juanita
Clapp, Michael
Henry, Kiearta
Jones, Ashley
Langston, Ali
Lee, Kim
Thompson, Sylvia
Threat, XVonetta

March 6th

Clayton, Magie
Day, Jovan
Goodwin, Rochelle
Greatheart, David
Lewis, Sandra
Smalls, Sharon
Stone, Noelle

Williams, Tiffany
Wright, Lakeem

March 7th

Annunziato, Kristen
Austin-Christy, Sharon
Baldwin, Dalaine J.
Carter, Sovah
Cobb, Sherrine
Colson, Sheila
Dumas, Renee
Johnson, Latasia
Mendez, Dezmond
Mones, Barbara
Reid, Joel

March 8th

Black, Thomas
Davis, Cynthia
Durant, Tracy
Lazaro, Monica
Riley, Tiffany
Turnball, Deborah
Wright, Kevin

March 9th

Black, Geneysa
Cooper, Odell
Davy, Orlando
Jones, Unice
Maye, Shawneisha L.

March 10th

Butts, Jr., Curtis
Dixon, Theresa
Laws, Stanley
Pettway, Mackerea
Porter, Rashaun
Wright, Zequanda

March 11th

Gallimore III, Frederick
Ingram, Bobbie
Padilla, Freddie
Richardson, Leon
Spearman, Barbara

March 12th

Brown, Nysheen
Crumpton, Lavesha
Lopes, Ana
Miller, Remy
Miller, Sheila
Phillips, Laurie
Spencer, James

March 13th

Gatling, Bryan
Hill, Harold
Jones, Nedra
Martin, Betty
Womack, Sidney

March 14th

Boykin, John

Hall, Quantishay
Hargell, Brinita
Johnson, Shenneetha
Pulley, Christina
Riddick, Denzel

March 15th

Alves, Lynda
Brown, Stafford
Burton, Samantha
Jones, Jennifer
Manns, Betty

March 16th

Gatison, Thedis
Gerald, Johnny
May, Janet
McKenzie, Julian
McKenzie, Mabel
Miller-Hayes, Jocelyn
Paul, Candida
Wilson, Anita

March 17th

Belin, Freddie Lee
Boston - Bass, Fallon
Brown, Caleb
Cherry-Cruz, Teresa
Foster, Jimmy
Jones, Christine
Jones, Garrett
Washington, Kimberly
Wilson, Michelle

March 18th

Barnes, Ashley
Hill, Antoinette
Holloway, Clarice
Jones, Rhonda
Joseph, Tiffany
Moore, Markus
Rozier, Ricardo
Sheffield, Kendale

March 19th

Bember, Mary Ann
Bostick, Warren
Fleming, Bernice
Fowlin, Dalon
Holloway, Qaiyima
Johnson, Lorenda
Moore, Claudia
Perkins, Glory
Pinto, Delia
Richardson, Kenneth

March 20th

Cameron, Charles
PRICE, ALANDA
MARIA
Shabazz, Adul Jalil
Young, J

March 21st

Abrams, Elizabeth

Crumpton, Tanya
Cuttino, Barbara
Daniels, Keyshaun
Galberth, Ella
Geter, Chakachan
Lahey, Mikela
Underwood, Chaz
Underwood, Chaz
Williams, Andrew

March 22nd

Budd, Deborah
Daley, Tanisha
Garcia, Jose-Luis
Gauthier-Cauthens, Deja
Goode, Margaret
Hall, Doreen
Kearney, Dorothy
Macey, Barbara
Mims, Kimberly
Palmer, Tiffany
Williams, Mary

March 23rd

Byrd, Nannette
Cohen-Gatison, Mary
Dickey, Lindsay
Santiago, Barbara
Shepard, Willie

March 24th

Christy, Alyssa
Hibbert, Sheryll
Moore, Debbie
Richardson, Willie Mae
Timmons, Rushawn
Williams, Porsha

March 25th

Breedlove, Elease
Conyers, Sandra
Jones, Samantha
Jones, Shani
Jordan, Charlene
Matthews, Bonita
Smith, Pamela
Walker, Brian
Walker, Lamesha
Wilson, Denise

March 26th

Davis, Piaget
Patton, Garland

March 27th

Bonney, Richard
Gamble, Cassandra
Jackson, Larry
Washington, Wayne
Witherspoon, Jonathan

March 28th

Adetona, Oluwadamisi
Allen, Laretha
Coslow, Myrtle

Davis, Winston
Dempsey, Tayanna
Dukes, Danielle
Lindsay, Theresa
Simmons, Jena
Williams, Bobbie

March 29th

Adams, Alisa
Jordan, Molly
Lee, Shelia

March 30th

Green, Sampson
McIntosh, Joel
White, Princesa
Williams, Terrance

March 31st

Byfield, Bryan
Cebert, Morine
Danso, Kellie
Etheredge, Deloris
Lary, Helena
Miller, Tony
Ramsey, Donna

PROCEDURE:

- Identify Person in Need
- Complete Request for C.A.R.E. Form
- Refer to C.A.R.E. Ministry to Complete following:
 - Assess the Risk / Recording of the Assessment
 - Communication of the Assessment
 - Reviewing of the Assessment



REQUEST FOR C.A.R.E.

Date: _____ Time: _____

Person Submitting Request: _____

Name: _____ Identified Gender: _____

Date Of Birth: _____

Address: _____

Telephone Number: _____

Nature of Request: _____

Immediate Contact: Yes No

Please Note: If the nature of this request is urgent or an emergency please route them to 911.

C.A.R.E.

Connecting Adolescents & Adults to Resources for
Emotional Wellbeing

MINISTRY

“And the King will reply, tell you the truth, whatever you did for one of the least of these brothers of mine, you did for Me.” (Matthew 25:40)



**MOUNT AERY BAPTIST CHURCH
73 FRANK STREET BRIDGEPORT, CT 06604
DR. ANTHONY L. BENNETT, SENIOR PASTOR**

OUR MISSION: To care for and relate to the disciples of Mount Aery Baptist Church holistically, by ministering to their physical, spiritual, emotional and relational needs. As we equip, and encourage each member we will connect them to resources that will improve their quality of life so that they may find joy and fulfillment in experiencing the body of Christ.

OUR PRAYER: In times of helplessness, crisis, family change and despair we pray, we trust God and we make every effort to help our brothers and sisters. *Lord Help us to be resourceful.*

EXPECTATION: All ministries working together to ensure the concerns of the Mount Aery Community are given to C.A.R.E. Ministry for assessment, referral and/or to connect with identified community resources.

WHO: Ministers, Deacons, Counselors and Lay Leaders will assist to ensure the privacy, security and care of all individuals associated with our Mount Aery Baptist Church Community.

The **C.A.R.E.** Ministry has composed a community resource guide, a living breathing document listing local resources to help the needs of the Mount Aery Community.



REGIONAL RESOURCES:

- Dept. of Social Services Guide
- Liberations Program
- Life Bridge Program
- Mount Aery Development Corporation
- New Haven Community Resource Guide
- Optimus Health Center
- Peer Support Groups

To minimize liability, risks must be clearly communicated as appropriate to the C.A.R.E. Ministry.

If you are interested in earning money and working from home call:
(203) 521-6776 Jim or (203) 521-7730 Margot

We are an international green energy company where we educate the consumer on how they can save money and choose greener cleaner energy. We operate in 19 states and are seeking people in Bridgeport to join our team.

Please join us on:
Monday's 12:00 noon
Wednesday's 6:30 pm
Friday's 9am

These are informational screening sessions designed to determine if you are a right fit to be certified to represent our company. If you see yourself as part of a 500 billion dollar industry that is experiencing exponential growth please come and meet with us. We have a devote passion for the city of Bridgeport and would like you to be an integral part of our growth. One on one appointments available upon request.

